

Goal 1: Improve every students healthy eating habits aligned to the tenets of the ASCD Whole School, Whole Community, Whole Child initiative. (WSCC)

Measurable Objective 1:

collaborate to implement healthy eating practices by 06/15/2018 as measured by the Healthy Eating Assessment improvement of 4-7 points between fall and spring administrations of the assessment.

Strategy 1:

Michigan Model for Health Curriculum - Staff will address the needs of all learners by implementing the Michigan Model for Health curriculum which addresses the needs of the whole child, taking into account the developmental and health needs (physical, mental, and emotional) that impact learning.

Category: Other - Project IHSIP

Research Cited: Centers for Disease Control & Prevention: Health and Academic Achievement http://www.cdc.gov/healthyyouth/health_and_academics/pdf/health-academic-achievement.pdf

Health and Academic Achievement:

Cumulative Effects of Health Assets on Standardized Test Scores

http://www.yaleruddcenter.org/resources/upload/docs/what/communities/Health_and_Academic_Achievemnet_JOSH_1.14.pdf

The Critical Connections between Student Health and Achievement

How Schools and Policymakers can Achieve a Positive Impact

http://www.calendow.org/uploadedFiles/Publications/By_Topic/Access/General/Critical%20Connection%20between%20Student.pdf

Tier: Tier 1

Activities:

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Michigan Center Jr/Sr High School

Activity - Training in Michigan Model	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Teachers will receive training in the Michigan Model for Health curriculum that teaches with a focus on healthy eating habits for good nutrition.	Professional Learning	Tier 1	Getting Ready	05/22/2017	12/22/2017	\$10000	Other	Grant Coordinator, Curriculum Director, Principal

Activity - Healthy Eating Habits curriculum components	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Staff will implement the essential components of the Michigan Model for Health Curriculum that target healthy eating habits for good nutrition	Direct Instruction	Tier 1	Implement	09/05/2017	06/15/2018	\$0	No Funding Required	Instructional Staff

Activity - Implementation Logs	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Teachers will collaboratively develop implementation logs for the nutritional lessons in the Michigan Model and record lessons taught, including materials needed, instructional strategies and formative assessments. These logs will be used as a resource to calibrate implementation at each grade level and provide information for teachers to review at grade level meetings..	Teacher Collaboration	Tier 1	Implement	09/05/2017	06/15/2018	\$0	No Funding Required	Classroom teachers, Grant Coordinator

Activity - Review of Implementation Logs by Grade Level	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Principal and Leadership Team will review Implementation Logs for the Nutritional Components of the Michigan Model Health Curriculum 4 - 6 times a year to ensure that all grade levels are delivering these components as collaboratively planned.	Teacher Collaboration	Tier 1	Monitor	10/06/2017	06/15/2018	\$0	No Funding Required	Principal and leadership team

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Strategy 2:

Healthy Eating Practices - These specific healthy eating best practices sub-topics will be implemented during the 2017-18 school year: Healthy Eating Environment, Healthy Eating Education and Promotion, Family and Community Involvement and Identification and Referral System

Category: Other - Project IHSIP

Research Cited: Alaimo K, Oleksyk S, Drzal, et al. Effects of changes in lunch-time competitive foods, nutrition practices and nutrition policies on low-income middle-school children’s diets. Childhood Obesity. 2013:9(6).

Tier: Tier 1

Activities:


Activity - WSCC Training	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Whole School, Whole Community, Whole Child (WSCC) model and nutrition staff training.	Professional Learning	Tier 1		08/22/2017	08/24/2017	\$6000	Other	Grant Coordinator, Principal


Activity - Healthy Eating Lessons	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Staff will teach 10 – 15 Healthy Eating lessons during the 2017/18 school year	Direct Instruction	Tier 1	Implement	09/05/2017	06/15/2018	\$0	No Funding Required	Instructional Staff

Activity - Healthy Eating Assessments	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Teachers will collaboratively determine the assessments that will be used at the end of each of the 10-15 Healthy Eating lessons, set the assessment window and put the days the lessons will be taught and the days the assessments will be given in a Google calendar available to all teachers and the building principal.	Teacher Collaboration	Tier 1	Implement	09/25/2017	06/15/2018	\$0	No Funding Required	Instructional staff

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Activity - Principal Monitoring	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Building leaders will conduct walkthroughs when healthy Eating lessons are scheduled (per Google common calendar) and have a follow-up conversation on what worked and what seemed to be missing at staff meetings. Teachers will have collaborative conversations on possible adjustments.	Walkthrough, Teacher Collaboration	Tier 1	Monitor	10/09/2017	06/15/2018 	\$0	No Funding Required	Building principal

Activity - Healthy Eating Assessment	Activity Type	Tier	Phase	Begin Date	End Date	Resource Assigned	Source Of Funding	Staff Responsible
Staff will take the Healthy Eating Assessment in fall and spring to determine if the growth as stated in the Measurable Objective was obtained.	Other - Pre-and Post-assessment	Tier 1	Evaluate	08/28/2017	06/15/2018 	\$0	No Funding Required	Grant Administrator